## "Demystifying Green":

## MYSTIC RIVER BUILDING COMPANY HOSTS ENERGY EFFICIENCY SEMINAR





Andy Gil, above and his team from Mystic River Building Co. are prepared to give the public an "inside view" of energy efficiency when builling or remodeling your home.

## By KRISTEN WICH

"There are several steps that need to be completed prior to building a 'green' home, making renovations with 'green' building principles. and completing 'energy efficient' upgrades to an existing home," said Andy Gil, General Manager of Mystic River Building Co. (MRBC). And he and his team are prepared to educate the public at an energy efficiency seminar on February 2, 2013 from 10:00am to 12:00pm at their office in Mystic.

The seminar, featuring guest speaker Enoch Lenge, Residential New Construction - Program Administrator for CL&P, will highlight the steps involved in the green building process, aim to eliminate confusion, and increase surrounding awareness the "house-as-a-system" approach to energy efficiency. MRBC will compare the use of oil versus geo-thermal propane versus energy.

Gil, a Residential Energy Services Network (RESNET) certified HERS Rater and a Building Performance Institute (BPI) Building Analyst, is well-versed in the professional standards

of energy auditing, building science and the principles behind building sustainable homes in the true sense of the term. His training and knowledge of the subject help him to educated homeowners who are looking to build, renovate or upgrade.

construction design and energy conserving systems implemented in the building process for these homes are designed to ease monthly maintenance costs for heating, cooling and electricity. MRBC suggest the use of energy monitoring systems to track

Attend this informational seminar on February 2, 2013 • 10:00a.m.-12:00 p.m. (including Q & A) at the Mystic River Building Co. Office 67 New London Turnpike, Mystic (Route 184 the former JP Daniels Restaurant) by calling 860.536.0102 to register www.mysticriverbuilding.com

Gil was recently awarded Professional Builder magazine's top "40 under designation, as well as 2011 Builder of the Year by the Builder's and Remodeler's Association of Eastern Connecticut. MRBC is currently building two Energy Star® Certified homes, one of which will feature photo-voltaic solar panels, and is expected to have an annual energy consumption near net zero. The consumption and identify areas for potential savings.

"The seminar will cover the information used to build these sustainable homes" said Gil. "The Senimar will cover the potentially adverse effects of making energy efficient upgrades to your existing home without fully understanding their impacts on other systems within the home."

Gil explained that there can be severe ramifications to

improperly introducing energy efficiency "green" upgrades without a certified professional's assistance.

"It is crucial to have the correct information. It is crucial to work with a certified professional," said Gil. "MRBC knows the importance of defining thermal envelope."

utilizes high performance insulation, proper air sealing practices, duct sizing and sealing, and air quality moisture management. Their proven track record in residential and commercial projects, list comprehensive awards, extensive professional associations and continuing education put them at the forefront of the industry.

Attend this informational seminar on February 2 at MRBC in Mystic, 67 New London Turnpike. RSVP. call **MRBC** 860-536-0102, or visit

www.mysticriverbuilding.com for more information.